



SAILING INSTRUCTIONS

J/70 UK Class Training Event, incorporating Event 5 of the UK Grand Slam Series.

Thursday 18th – Saturday 20th July 2019

Hosted by the Royal Southern Yacht Club, Rope Walk, Hamble-Le-Rice, Southampton SO31 4BH. The Organising Authority (OA) is the Royal Southern Yacht Club (RSrNYC) in conjunction with the UK J/70 UK Class Association (UKJ70CA).

The notation '[DP]' in a rule in the SI's means that the penalty for a breach of that rule may, at the discretion of the protest committee, be less than disqualification.

1 RULES

- 1.1 The Regatta will be governed by the rules as defined in "The Racing Rules of Sailing" (RRS), including RYA Prescriptions.
<https://www.rya.org.uk/SiteCollectionDocuments/Racing/RacingInformation/RacingRules/RYA%20Prescriptions%202017.pdf>
- 1.2 RRS 41 is changed:
add: (e) a yacht may receive individual information, in the form of coaching, from members of the RSrNYC event coaching team.

2 NOTICES TO COMPETITORS AND COMMUNICATIONS

- 2.1 Notices to competitors will be posted on the official notice board (ONB) located in the clubhouse reception area.
- 2.2 The VHF call sign for the Race Committee (RC) will be J/70 Race Committee. VHF channel 77 will be used to communicate with Competitors.
- 2.3 In addition to the ONB, a WhatsApp group with voluntary sign up, will be used to assist competitors to stay informed of RC intentions, notices, results, protest details and other information during the regatta. Sign up details will be available to all competitors from the race office.

3 SAFETY

- 3.1 Competitors are reminded of their responsibility to take account of Notice to Mariners and should be particularly aware of the Port of Southampton Precautionary Area – (Thorn Channel). Competitors are reminded to maintain a constant watch for shipping movements, particularly in the Port of Southampton Precautionary Area (Thorn Channel). Your attention is drawn to the ABP Notice to Mariners No.14 of 2019 and any subsequent amendments which covers the movement of shipping and the accompanying sound signals that may be heard. [DP]
See [http://www.southamptonvts.co.uk/admin/content/files/NTMs/2019%20No%2014%20-%20Port%20of%20Southampton%20-%20Precautionary%20Area%20\(Thorn%20Channel\).pdf](http://www.southamptonvts.co.uk/admin/content/files/NTMs/2019%20No%2014%20-%20Port%20of%20Southampton%20-%20Precautionary%20Area%20(Thorn%20Channel).pdf)
- 3.2 The RC or Protest Committee may protest a boat for breach of the International Regulations for Preventing Collisions at Sea (IRPCAS) or the above regulations on the basis of a report from any source. This changes RRS 60.2(a) and 60.3(a). [DP]
- 3.3 Retirement: A boat that retires from a race shall notify the RC by VHF before leaving the race area, or by telephoning the Race Committee +44 (0)7525 159140. [DP]

4 CHANGES TO SAILING INSTRUCTIONS

- 4.1 Any changes to the sailing instructions will be posted on the ONB by 0900hrs on the day it will take effect.
- 4.2 Any changes to the schedule of races will be posted not later than 1900hrs on the day before it will take effect.

5 SIGNALS MADE ASHORE

- 5.1 Signals made ashore will be displayed from the main flagstaff at the RSrNYC clubhouse. Signals will be displayed with the class flag IC flag J. When flag AP is displayed ashore, '1 minute' is replaced with 'not less than 60 minutes' in the race signal AP. This changes RRS Race Signals.

6 SCHEDULE OF RACES AND CLASS FLAGS

- 6.1 The first warning signal will be displayed at 1200hrs on Thursday 18th and Friday 19th July. On Saturday 20th July the first warning signal will be displayed at 1130hrs.
- 6.2 It is intended to sail three races a day, however, additional races may be sailed on any day to complete the programme if weather or other reasons dictate.
- 6.3 To alert boats that a start sequence will begin, the orange starting line flag will be displayed (with one sound), as an attention signal, at least three minutes before the first warning signal.
- 6.4 No warning signal will be made after 1500hrs on Saturday 20th July.
- 6.5 The Class flag will be Code Flag J.

7 RACING AREA

- 7.1 Racing will be on the Central Solent adjacent to Southampton Water.
- 7.2 The RC will advise competitors of the intended starting area via VHF, initially 60 minutes prior to the first race warning signal of each day. The main committee vessel will display a yellow flag with red letters RSrNYC.

8 COURSES

- 8.1 Courses will be advised by VHF before the class warning signal, using the Appendix A (windward leeward course diagram).



- 8.2 The course signal, compass bearing and distance to the first mark shall be provided by the RC for windward / leeward courses when using laid inflatable marks.
- 9 MARKS**
- 9.1 The description and colour of any laid inflatable mark that is to be used shall be provided by the RC, using VHF.
- 9.2 Starting marks will be the RC vessel and an orange inflatable mark.
- 9.3 Finishing marks will be a RC vessel displaying a blue flag and the nearby finishing mark.
- 10 AREAS THAT ARE OBSTRUCTIONS**
- 10.1 Boats shall not anchor or kedge in the cable and pipeline area between Stone Point and Gurnard Bay. This area is shown on Admiralty Chart 2036 and is between the line from Stansore Point to Egypt Point and the line from Inchmery House Lepe to Thorness Bay. [DP]
- 11 THE START**
- 11.1 The Starting Line will be between a staff displaying an orange flag and the course side of the orange inflatable.
- 11.2 A boat starting later than 4 minutes after her starting signal will be scored Did Not Start (DNS). This changes RRS A4 and A5.
- 12 CHANGE OF THE NEXT LEG OF THE COURSE**
- 12.1 The position of any laid inflated mark(s) may be adjusted by up to approximately plus or minus 10 degrees relative to the previous laid mark(s) and/or up to approximately 200 metres to windward or leeward without a signal. This changes RRS 33.
- 12.2 For changes greater than those described in SI 12.1. To change the next leg of the course, the RC will lay a new mark (or move the finishing line) and may remove the original mark as soon as practical. When in a subsequent change, a new mark is replaced, it may be replaced by an original mark.
- 12.3 In addition to RRS 33 signals, the RC may use VHF radio to assist in communicating the change of the next leg of the course.
- 13 THE FINISH**
- 13.1 The finishing line is between a staff displaying a blue flag on a RC vessel and the nearby finishing mark.
- 14 TIME LIMIT**
- 14.1 The time limit for the first boat of each class to sail the course and finish will be 70 minutes.
- 14.2 Boats failing to finish within 20 minutes of the first boat that finishes will be scored Did Not Finish. This changes RRS 35, A4 and A5.
- 15 PENALTIES, PROTESTS AND REQUESTS FOR REDRESS**
- 15.1 Rule 44.1 is changed so that the penalty for a boat breaking a rule in Part 2 shall be a One-Turn Penalty (1 tack and 1 gybe).
- 15.2 Boats intending to protest or request redress for an incident in the racing area should radio their intention to the RC as soon as practical after finishing or retiring from the race concerned, naming any other boats involved, and await an acknowledgement. This adds to RRS 61.1(a).
- 15.3 Exoneration Penalty:
- 15.3.1 A boat that may have broken a rule of Part 2 or RRS 31 may, after finishing the race concerned and before the start of a related protest hearing, notify the RC that she accepts a 30% scoring penalty.
- 15.4 Protest forms are available at the race office. Protests and requests for redress or reopening shall be delivered there within the appropriate time limit.
- 15.5 The protest time limit is 90 minutes after the last boat has finished the last race of the day.
- 15.6 Notices will be posted within 20 minutes of the protest time limit to inform competitors of hearings in which they are parties or named as witnesses. The location and time of hearings will be posted.
- 15.7 Notices of protests by the RC or protest committee will be posted to inform boats under RRS 61.1(b).
- 15.8 On the last scheduled day of racing a request for redress from a protest committee decision shall be delivered no later than 30 minutes after the decision was posted. This changes RRS 62.2.
- 16 SCORING**
- RRS Appendix A will be used with the following changes:
- 16.1 When five (5) to nine (9) races have been completed, a boat's series score will be the total of her race score excluding her worst.
- 16.2 One race is required to constitute a series.
- 17 OFFICIAL BOATS**
- 17.1 Official Boats will display a RSrNYC burgee.
- 18 PRIZES**
- 18.1 Prizes will be awarded in accordance with NOR 14.
- 19 RISK STATEMENT**
- 19.1 Rule 4 of the Racing Rules of Sailing states: "The responsibility for a boat's decision to participate in a race or to continue racing is hers alone." Sailing is by its nature an unpredictable sport and therefore inherently involves an element of risk. By taking part in the event, each competitor agrees and acknowledges that:
- 19.2 They are aware of the inherent element of risk involved in the sport and accept responsibility for the exposure of themselves, their crew and their boat to such inherent risk whilst taking part in the event;
- 19.3 They are responsible for the safety of themselves, their crew, their boat and their other property whether afloat or ashore;
- 19.4 They accept responsibility for any injury, damage or loss to the extent caused by their own actions or omission;



- 19.5 Their boat is in good order, equipped to sail in the event and they are fit to participate;
 - 19.6 The provision of a race management team and other officials and volunteers by the event organiser does not relieve them of their own responsibilities;
 - 19.7 It is their responsibility to familiarise themselves with any risks specific to this venue or this event drawn to their attention in any rules or information produced for the venue or event and to attend any safety briefing held for the event.
- 20 INSURANCE**
- 20.1 Each participating boat shall ensure that their boat is adequately and suitably insured before racing.

Appendix A

